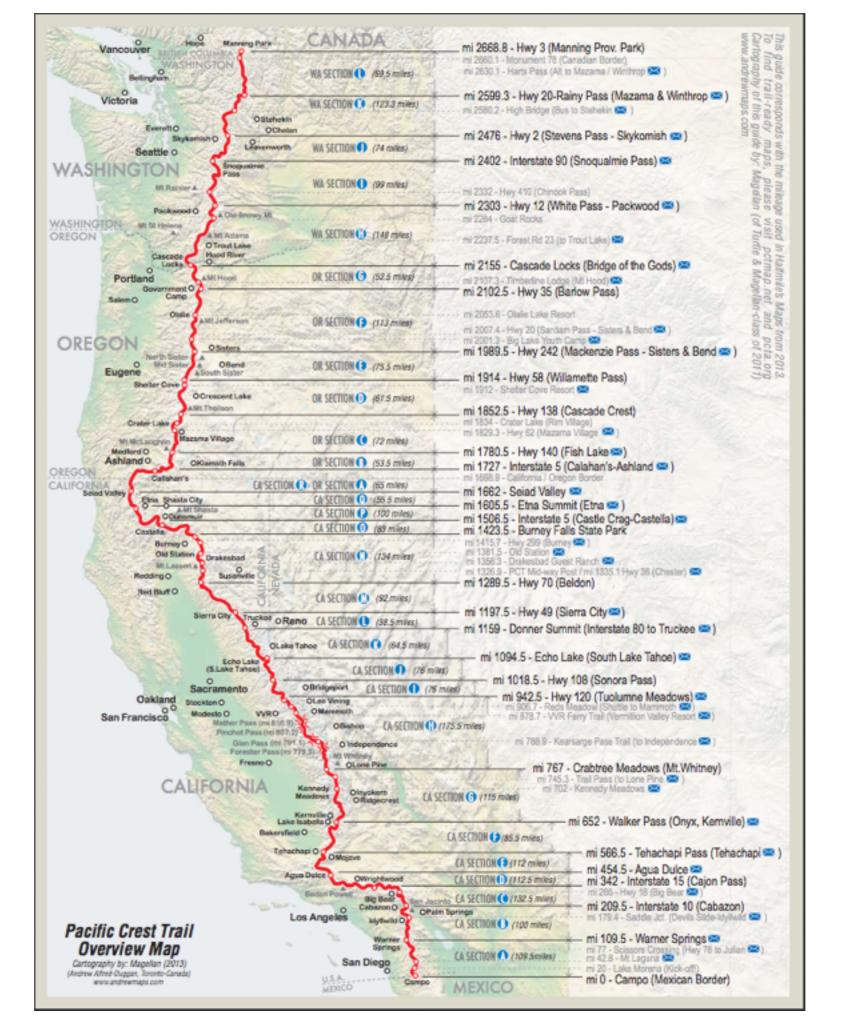
2014 PCT Thru-hike

by Brian "Tartan" Watt April 16, 2014 to September 6, 2014 "We choose to go to the moon in this decade and do the other things, **not because they are easy, but because they are hard**, because that goal will serve to organize and measure the best of our energies and skills, because that challenge is one that we are willing to accept, one we are unwilling to postpone, and one which we intend to win, and the others, too."

President John F. Kennedy, September 12, 1962



The Pacific Crest Trail (PCT) spans 2,660 miles as it traverses the mountains of California, Oregon and Washington. The Pacific Crest Trail was officially finished in 1993, and crosses 26 National Forests, 7 National Parks, 5 State Parks and 3 National Monuments. It typically takes thru-hikers about five months to hike the entire trail.



The Pacific Crest Trail aka The PCT

Pre-Hike

System	Item	Specific	Pack Weight (grams)	Wear Weight (grams)	Notes	
Carrying System						
	Pack	Gossamer Gear Mariposa Medium with Hip Belt Medium	833	0		
	Poles	Gossamer Gear Hiking Poles with straps	0	152		
	Pack Cover	Zpacks pack cover	36	0		
Shelter System						
	Tent with Stakes	Zpacks Hexamid Solo Plus w/ Beak and stakes and bag	442	0		
	Ground Cloth	Zpacks Ground Cover	96			
Sleep System						
	Sleeping Bag	Zpacks 20 degree wide with bag	552	0		
	Liner	Sea to Summit Travel Liner, Mummy w/ Hood, Silk, Navy	121	0		
	Pad	Gossamer Gear Air Beam Sleeper ¾	284	0		
Cooking System	JetBoil Sol		576	0		
	Lighter (BIC Mini)	BIC Mini Lighter	11	0		
	Matches in waterproof tube	REI Matches in Waterproof case	14	0		
	Jar	Peanut Butter Jar	60	0		
	Utensils	Plastic spork	16	0		
	Cleanup Cloth		7	0		
	Bear Canister	Bear Vault BV500	0	0	Ship to KM	Weight 1117
Clothing						
	Hat	Outdoor Research Sombrero	0	93		
	Down Jacket	Western Mounteering Flash Jacket, Black, Large	315	0		
	Rain Jacket	Zpacks Cuben Rain Jacket	146	0		
	Rain Pants/Skirt	Zpacks Cuben Rain Pants/Skirt	97	0		
	Umbrella	GoLite Chrome Dome	221	0		
	Down Vest	Montbell Down Vest	152	0		
	Down Pants	Montbell US UL Down Pants Men's (M)	212	0		
	Shirt	REI Sahara Long-Sleeve Tech shirt (M)	0	219		
	Pants	REI Sahara Convertible pants (M32 x 28)	0	348		
	Long underwear top	Patagonia Merino Wool Top	176	0		
	Long underwear bottom	Patagonia Merino Wool Long Johns	219	0	Leave home?	
	Underwear (Runners)	Runners Boxer-Briefs (2 Pair)	82	82	Wear 1 pr, carry one pr	
	Toe Socks	Injinji Liner Coolmax (2 Pair)	33	33	Wear 1 pr, carry 1 pr	
	Shoes	Brooks Cascadia - 9.5 (\$120 * 5 pair)	0	688		
	Plaid Gaiters	Homemade	0			
	Plaid Buff	Homemade	0			
	Light Gloves	Icebreaker MerinoGloves (light weight)	20			
	Glasses	Prescription glasses	0			Orl
	Sunglasses	Prescription Sunglasses	31		GE	ar L h W
	Warm Gloves	PossumDown Gloves	40			
	Warm Hat	PossumDown Hat	55		\ \ \ \ \ \ \ \	h \ \ /

Gear List with Weight

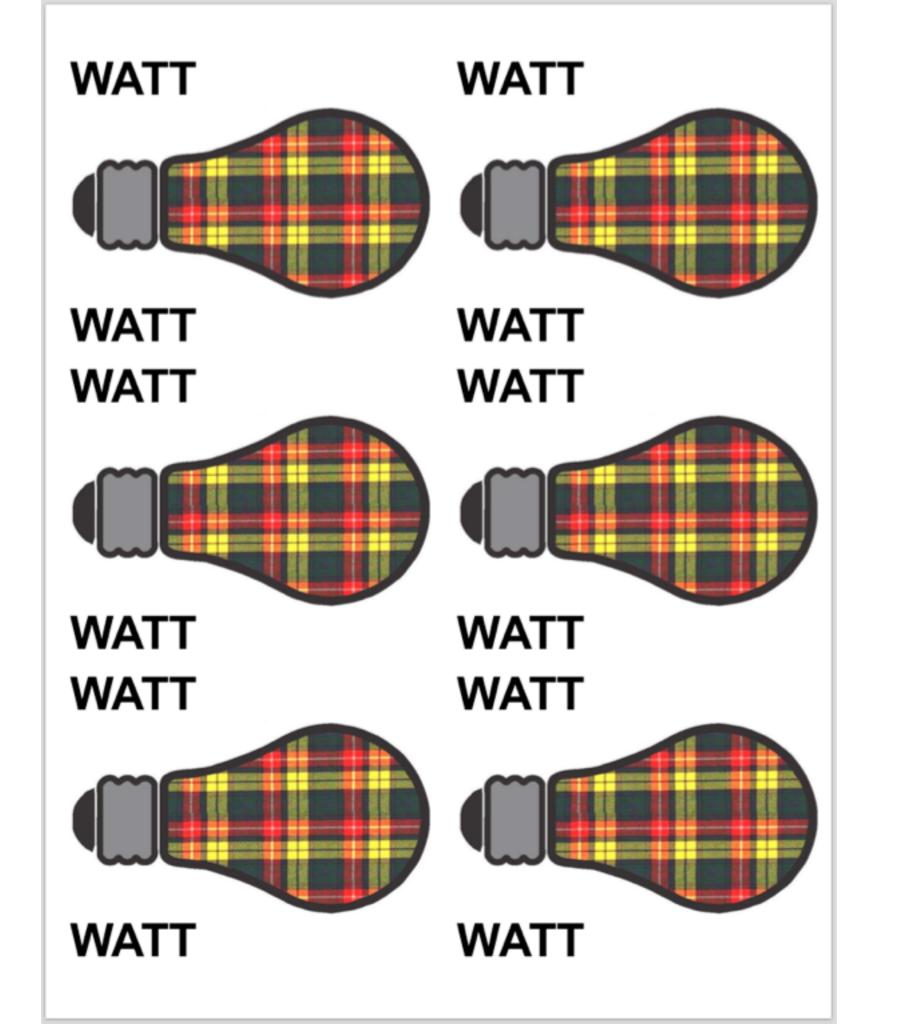
PCT Hike Resupply Stops

- US/Mexico Border near Campo CA Mile: 0
- Mt. Laguna, CA Mile: 43.2
- 3. Warner Springs, CA Mile: 111.5
- 4. Idyllwild, CA Mile: 178.6
- 5. Big Bear City, CA Mile: 263.9
- Wrightwood, CA Mile: 359.9
- 7. Agua Dulce, CA Mile: 448.7
- Highway 58 (California) Tehachapi, CA (west) or Mojave, CA (east) Mile: 551.3 or 559.4
- Kennedy Meadows Store, CA Mile: 698.2
- 10. Lone Pine, CA [or Independence CA] Mile: 742.3 [788.9]
- 11. Vermillion Valley Resort, CA Mile: 877.0
- Reds Meadow, CA [Preferred: 8-mile bus ride or hitch from Reds Meadow to Mammoth Lakes CA] - Mile: 906.7
- 13. Tuolumne Meadows, CA or get a ride with Justin Mile: 943.6 Note: Justin to join me here. Woohoo!
- 14. Echo Lake Resort, CA [9 mile hitch to South Lake Tahoe] or get a ride with Justin to South Lake Tahoe - Mile: 1091.4 - Note: Justin to leave me here. Sniff, sniff!
- 15. Sierra City, CA Mile: 1198.0
- 16. Belden, CA [The Braatens] Mile: 1291.4 [1289.5]
- 17. Old Station AKA Hat Creek (Old Station PO), CA Mile: 1383.6
- 18. Burney Falls SP, CA [Burney CA] Mile: 1431.8 [7 mile hitch on Highway 299]
- 19. Castella, CA Mile: 1517.5
- 20. Seiad Valley, CA Mile: 1675.2
- 21. Ashland, OR Mile: 1738.4 Visit Relatives and get help from: Cristy and Marcus
- 22. Crater Lake (Mazama Village) AKA Mazama Village Store Crater Lake, OR Mile: 1843.0
- 23. Shelter Cove Resort, OR Mile: 1930.7
- 24. Sisters, OR Mile: 2005.5
- 25. Olallie Lake. OR Mile: 2066.2
- 26. Timberline Lodge, OR Mile: 2118.6
- 27. Cascade Locks, OR Mile: 2168.6
- 28. White Pass, WA Mile: 2312.1
- 29. Snoqualmie Pass, WA Mile: 2414.3
- 30. Skykomish, WA [The Dinsmores] Mile: 2479.9
- 31. Stehekin, WA Mile: 2576.2
- 32. Manning Park, BC Mile: 2662.5

Overview of Resupply Stops with Mileage

- Basic Snow Course Echo Lake
 - Before: Mail to Scout and Frodo: sun umbrella, fuel canister, food for starting the trail, GG air mat, short gaiters.
 - (Hiker's Name), c/o Barney and Sandy Mann (Scout and Frodo), 6351 Wellesly Court, San Diego, CA 92122
 - Before: Mail food to Warner Springs CA PO
 - (Hiker's Name), c\o General Delivery, Warner Springs, CA 92086
 - Post Office, (760) 782-3166, M-F 8a-4p, Sat 8a-1:30p
 - 3. Bring: Sorel Boots, MSR Hubba Hubba tent, Kahtoola Micro Spikes, Black Diamond Whippet, USGS Topo maps, 2 Qt Water, 4 days double food and snacks, long-johns (down-pants and merino leggings), down parka, mittens, balaclava, extra socks, down booties, hat w/ brim, buff for neck and bandana for tent spills, extra gloves, tall gaiters, snow baskets for my poles, dark glasses, sun screen, skin lotion for dry skin, chapstick, snow stable stove (my Jetboil), water bag, insulated (down) sleeping air mat, toilet paper, wet wipes, empty ziplock for trash.
 - Bring: TX drivers license, car insurance, \$1000 cash, credit card, debit card (pin?), medical insurance card, prescription insurance card, permits.
 - Rent: Snow shoes and Shovel already asked Ned to reserve some.
 - After: Send to home: Sorel Boots, MSR Hubba Hubba tent, USGS Topo maps, mittens, extra socks, down booties, extra bandana/buff, extra gloves, tall gaiters.
 - After: Send to home: Kahtoola Micro Spikes, Black Diamond Whippet with basket, balaclava, baskets for GG poles, merino leggings. Later (2-3 weeks before arrival) when in Aqua Dulce: Send this equipement to Kennedy Meadows.
 - After: Bring with me to start: down parka, hat w/ brim, buff for neck, dark glasses, sun screen, skin lotion, chapstick, stove, water bag, sleeping mat, toilet paper, wet wipes, ziplock bag.
- 2. US/Mexico Border near Campo CA
 - Mile: 0
 - Exit Point: on trail
 - Exit Distance: on trail or 0
 - Distance to Next Resupply: 43.2
 - Fuel: N/A
 - Resupply: Send from home, and carry from snow course.
 - Address:
 - (Hiker's Name), c/o Barney and Sandy Mann (Scout and Frodo), 6351 Wellesly Court, San Diego, CA 92122
 - Email: sandiegopct@gmail.com
 - Phones: Home (858)453-7318, Scout's cell (619)987-0289, Frodo's cell (858)449-9799, Email: sandiegopct@gmail.com
 - House Location: A San Diego neighborhood called University City (near UCSD), 12 miles north of downtown, just inland from La Jolla.
- Mt. Laguna, CA
 - Mile: 43.2
 - Exit Point: Desert View Picnic Area
 - 3. Exit Distance: on trail or 0.25
 - Distance to Next Resupply: 68.3 or 67.3
 - Fuel: Alcohol, butane/propane (canister), white gas
 - Resupply: Buy
 - Address:
 - (Hiker's Name), c\o General Delivery, Mt Laguna, CA 91948
 - Post Office: 810 Sunrise Highway, (619)473-8341, M-F Noon-4p, Sat 9a-11a
 - Laguna Mountain Lodge, 10678 Sunrise Hwy POB 146, Mount Laguna, CA 91948, Hold for 'Your Name', 'Your Phone Number', ETA: 'Your ETA', 619-473-8533, 5\$ fee.
- Warner Springs, CA
 - Mile: 111.5
 - Exit Point: Highway 79 (south crossing)
 - Exit Distance: 1.2mi road or 1 ***Trail reroute due to fire***

Detailed Plan Stop-by-Stop



Mailing Labels (Easily Visible)

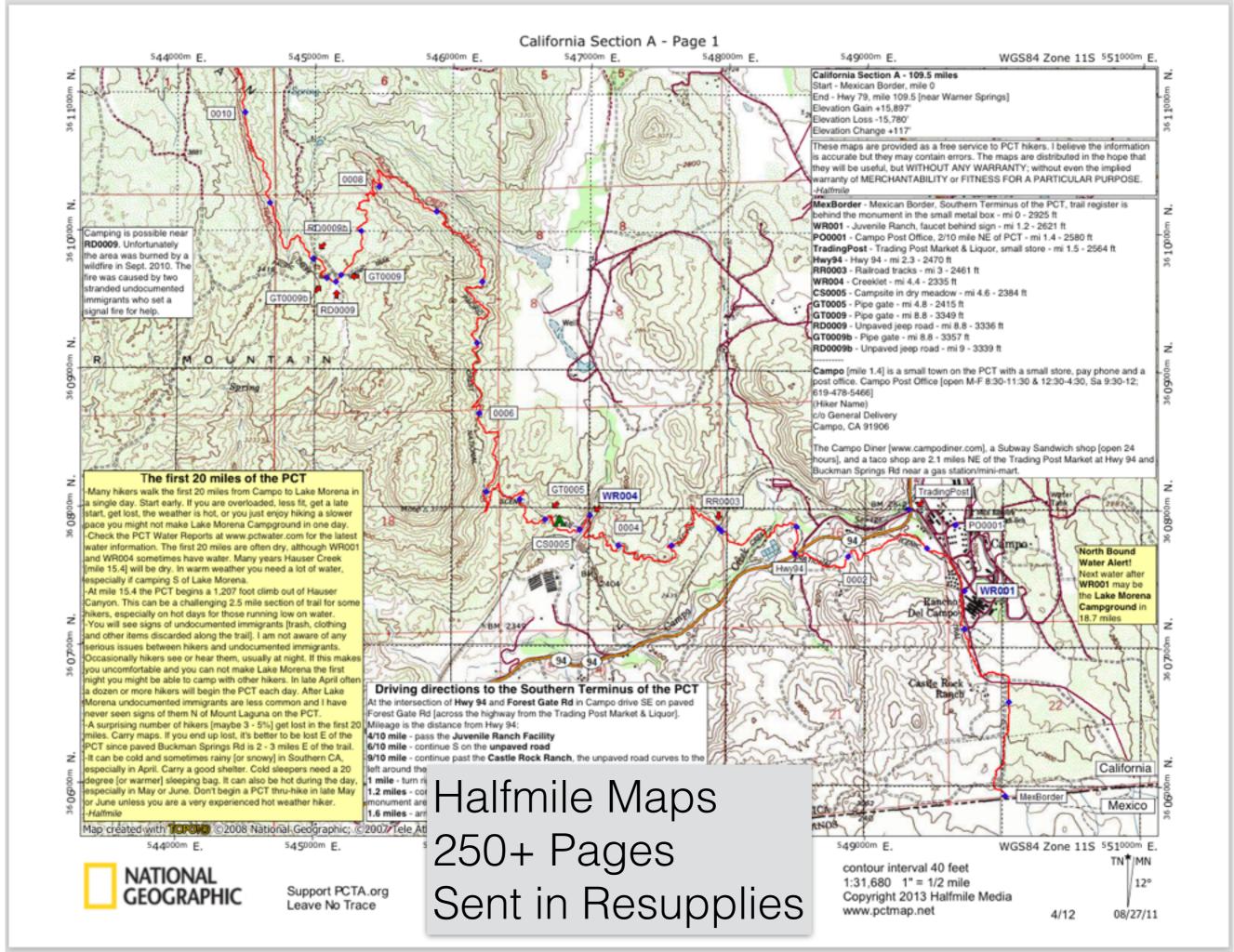
Extra Gear

1	Brooks Cascadia Version 8 Trail Running Shoes Size 9.5 w/ zipties												
2	ALOKSAK Plastic bag (cellphone pouch)												
3	ALOKSAK Plastic bag (cellphone pouch)												
4	ALOKSAK Plastic bag (cellphone pouch)												
5	ALOKSAK Plastic bag (cellphone pouch)												
6	Scotch Brand reflective tape 8"x2"												
7	Gossamer Gear Polycro ground sheet												
8	Crest toothpaste – small tube												
9	Lifeproof Cellphone extender												
10	Dirty Girl Gaiters Velcro												
11	Dirty Girl Gaiters Velcro												
12	Alcohol Stove, Pot, windscreen and sack												
13	Platypus water bag – 2L (clear)												
14	Platypus water bag – 2L (clear)												
15	Campsuds soap (green liquid)												
16	Possum Down Gloves												
17	Old Merino Wool gloves (small)												
18	Yaktrax Walk ice traction device												
19	Gossamer Gear bag liner												
20	Gossamer Gear bag liner (old w/ holes)												
21	Gold Toe dress socks												
22	Gold Toe dress socks												
23	Plaid Buff												
24	Plaid Buff												
25	Plaid Gaiters												
26	Plaid Gaiters												
27	Plaid Gaiters												
28	Plaid Gaiters												
29	Neutrogena Ultra Sheer Dry-Touch sunscreen												
30	Repel 100 Insect Repellent												
31	Sawyer Squeeze Water Filtration bottle (16 oz)												
32	Zpacks Tarptent Screen material												
33	Light plaid pillow case												
34	Heavy black pillow case												
35	Heavy black pillow case												
36	Old green cord – two 6' lengths												
37	Small PBJ jar												
38	Old small PBJ jar (dirty inside)												
39	Aquamira Chlorine Dioxide (2 small bottles)												
40	Black garbage bag												
41	Air pillow - 1 Gear												

Gear at Home Ordered by Number

Air pillow - 1

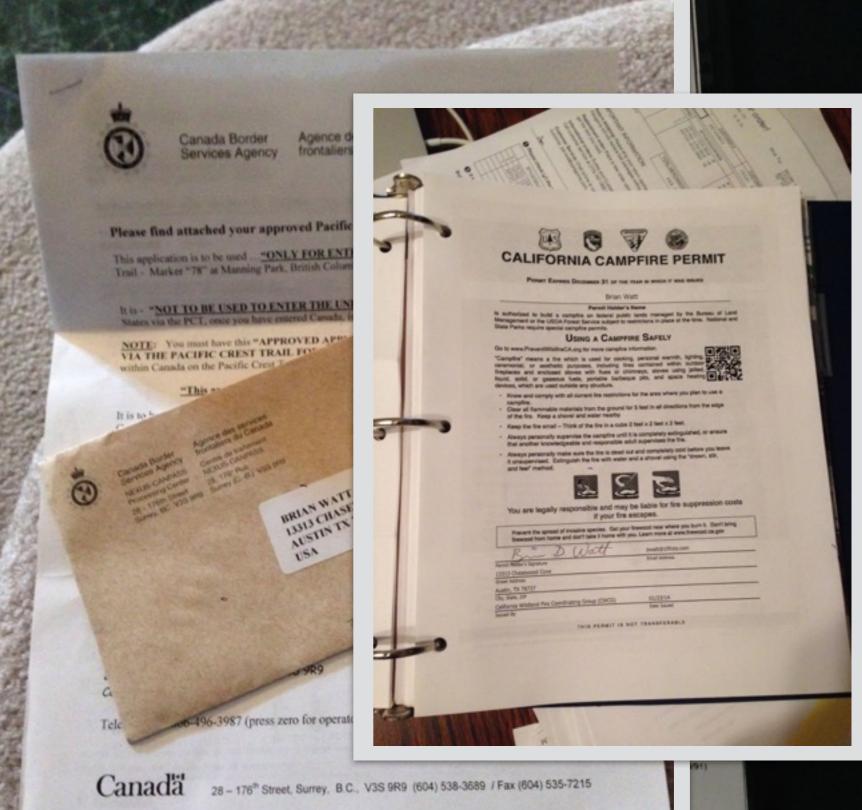
Air pillow - 1



PCT Hike Prep																					
Week	Date	Holiday	Object	Wgt	Plan	Sun	Mon	Tues			Fri	Sat	Act	Sun	Mon	Tues	Wed	Thurs		Sat Route	Notes
Notes						Trail	Flat	Hills	Flat	Hills	Off					Hills				Long	
1	09/01/13		Start	10	40	6	5	- 6	5	8	0		39.10		4.40					10.10 Lady Bird Lake Trail (from Rock)	
2		PTP Chicago		10	40	- 6	5	- 6	5	8	0		40.76			6.22					In Chicago, so no St Eds long
3	09/15/13	Ohio Trip	Weight Weight	17		- 6	5	8	5	8	0		44.14		7.81 5.65					12.09 Lake Trail (from Rogue) 12.32 South Austin (from Rock)	Traveling to Ohio, so no S. Avetia long
5			Recovery	10		- 6	5	0	5	3	0		22.41				0.00		4.14		Traveling to Ohio, so no S. Austin long
9	09/29/13	Ohio Trip	Recovery	10	30	0	3	3		l °	۳	۰	22.4	0.00	6.14	4.09	0.00	0.00	4.14	Home)	
6	10/06/13		Weight	20	44	6	5	8	5	8	0	12	45.95	6.45	5.71	8.36	5.27	7.90	0.00	12.26 Barton Creek Greenbelt Trail out & back (from Zilker)	
7	10/13/13		Weight	20	44	6	5	8	5	8	0	12	45.46	6.03	5.76	8.34	5.32	8.01	0.00	12.00 Hike From Hell (from Rock)	
8	10/20/13		Weight	25		8	5	8	5	8	0	14	43.79	8.44	5.32	8.34	5.46	8.00	0.00	8.23 To Far West and Back (from Rock)	Somerville Lake Trailway (Fri & Sat), Camp w/ Austin Backpackers,no planned long
9	10/27/13		Weight	25	48	8	5	8	5	8	0	14	48.26	5.00	6.20	8.44	6.25	9.05	0.00	Rock)	Hill of Life and Barton Greenbelt, no planned long
10	11/03/13		Recovery	20		6	5	3	5	3	0	8	35.68	11.27	4.13	3.11	5.32	3.85	0.00	8.00 Jefferson to 35 th to Pecos (from Rock)	
11	11/10/13		Weight	30	44	6	5	8	5	8	0	12	46.20	6.05	5.35	8.37	6.02	8.41	0.00		Inks Lake State Park, Camp w/ Foxes, do 12 mi long in park, leave early Sunday for Matthew's Marathon
12	11/17/13		Weight	30	44	6	5	8	5	8	0	12	40.84	0.00	6.05	8.35	5.05	8.39	0.00	13.00 Josh's Eastside Loop (from Rogue)	,
13	11/24/13	Thanksgiving	Weight	35	48	8	5	8	5	8	0	14	50.42	8.04	5.43	8.40	5.93	8.41	0.00	14.21 Scenic/Pecos (from Rogue)	
14	12/01/13		Weight	35	48	8	5	8	5	8	0	14	54.37	9.06	6.23	8.50	6.18	8.40	0.00	16.00 Barton Creek Greenbelt Trail 2 out & back (from Camp Craft Rd)	
15	12/08/13		Recovery	20	36	6	4	6	4	6	0	10	44.21	5.99	4.15	8.61	4.30	8.33	0.00		Colorado Bend Park for weekend, Camp Solo, do 10 mi long in park
16	12/15/13	1	Distance	35		8	5	8	5	8	0		50.89	7.69	5.10	8.56	6.24	8.38	0.00	14.92 Town Lake Trail plus 4 (from Rogue)	
17	12/22/13	Christmas	Distance	35	_	8	5	8	5	8	0		50.86	8.00						14.06 MoonTower	
18		New Years	Distance	35		9	6	8	6	8	0		53.30							16.00 Balcones Country Club (from Plaza Lot)	
19	01/05/13		Distance	35		9	6	8	6	8	0		54.88						0.00		
20	01/12/13		Recovery	20		8	6	4	8	4	0		41.59								Lost Maples State Park for weekend, Camp Solo, do 10 mi long in park
21	01/19/13		Distance	35		10		9	7	9	0		62.00		8.00			11.14		16.09 South Austin (from Rock)	
22	01/26/13		Distance	35		10		9	7	9	0		59.04			10.63		10.08		16.15 Coaches Special (from Rogue)	
23	02/02/13		Distance	35	64	12	8	9	8	9	0	18	66.98	9.12	8.19	12.79	7.87	10.13	0.00		Apply for Permits; Get prints of HalfMile Maps; Download latest Apps; Buy latest Yogi Trail Guide
24	02/09/13		Distance	35		12	8	9	8	9	0		63.07		8.05			10.13		16.48 Roguette (from Rogue)	
25	02/16/13		Recovery	20	50	9	7	5	9	5	0		54.48		0.00			10.00			Big Bend National Park, Camp Solo w/ Kathy at lodge, Outer Mountain Trail
26	02/23/13		Distance	35		14	9	10	9	10	0				10.03	10.66	10.53	10.23	0.00	18.67 West Austin to House (way out Parmer)	
27	03/02/13		Distance	35		14	_			10	0			12.01		ا				4: a.a. \ \ / a.a.l	
28	03/09/13		Distance	35		15					0	20	76.73 86.02	7.27	11.		ŊΥ	12	12	ation Week-l	OV-VVEEK'
29	03/16/13		Distance	35	=	15	10	11	10	-	0	20	86.02	15.67	12.	ı			.1 C		cy vvoor.
30	03/23/13		Recovery	20	50	9	7	6	9	5	0	14	54.87	16.57	6.		_				
31	03/30/13		Distance	35		16	10	12	10	12	0		77.81	Mileage, Route,							
32	04/06/13		Distance	35	18	6	6	6	0	0	0	0	0.00	0.00	0.	_				0 0	

Recovery, & Camping; 10% increase per week





Permits

Southern California







I'm Tartan, A Solo Hiker



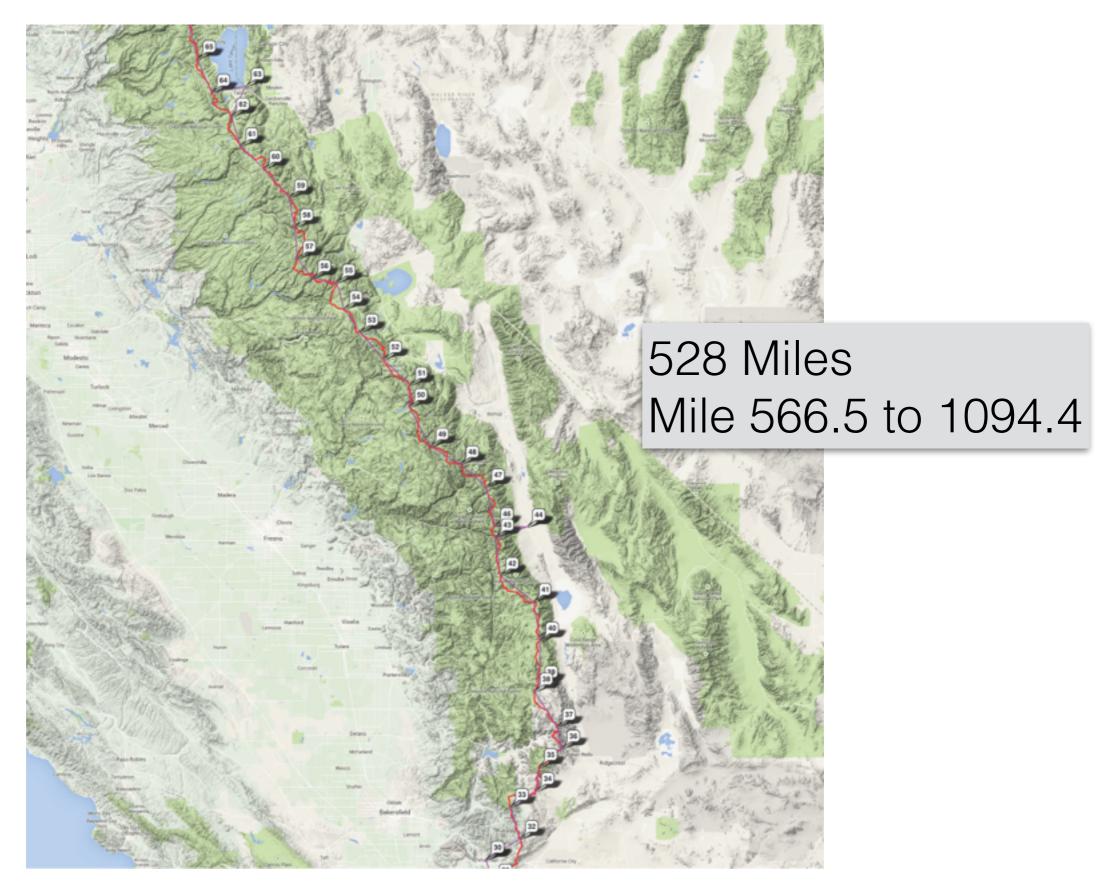






Typical Southern California Trail Mile 361

Central California









Nearly to the Top Snow Chute to the Left Mile 779.5









Panoramic View from Kearsarge Pass Going to Independence CA Mile 788.5





Crossing Snow Fields Mile 1012

Northern California

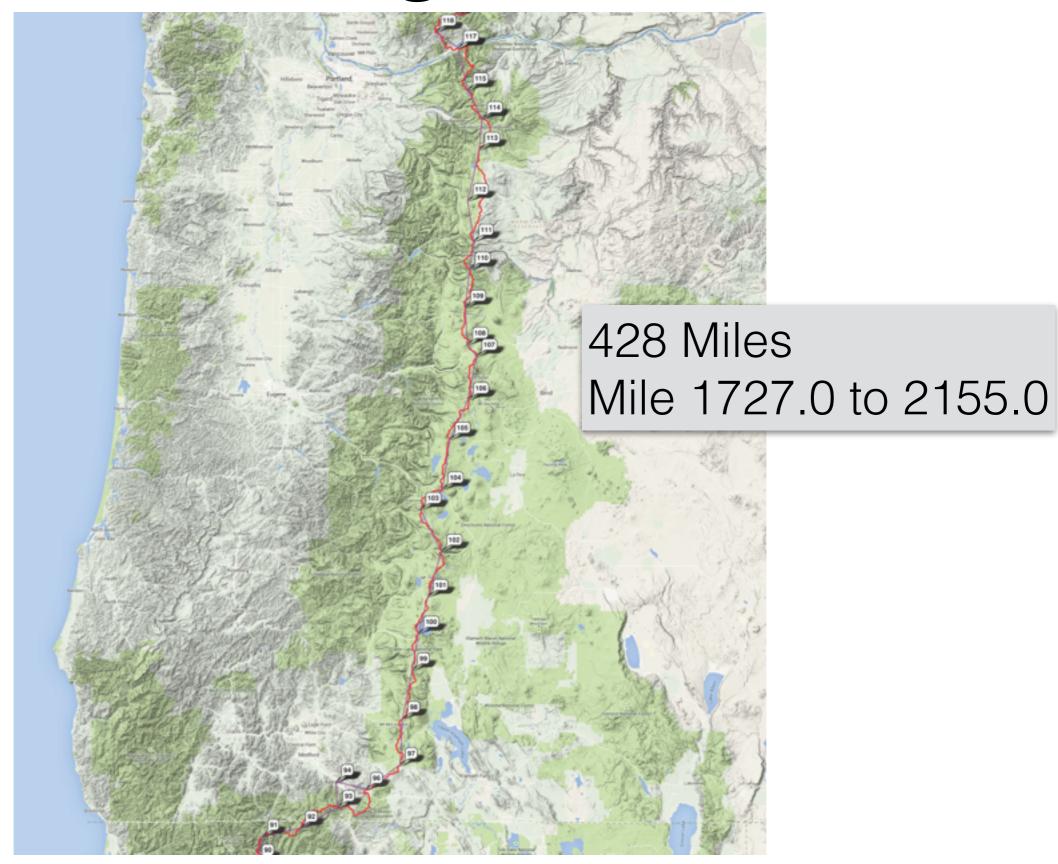








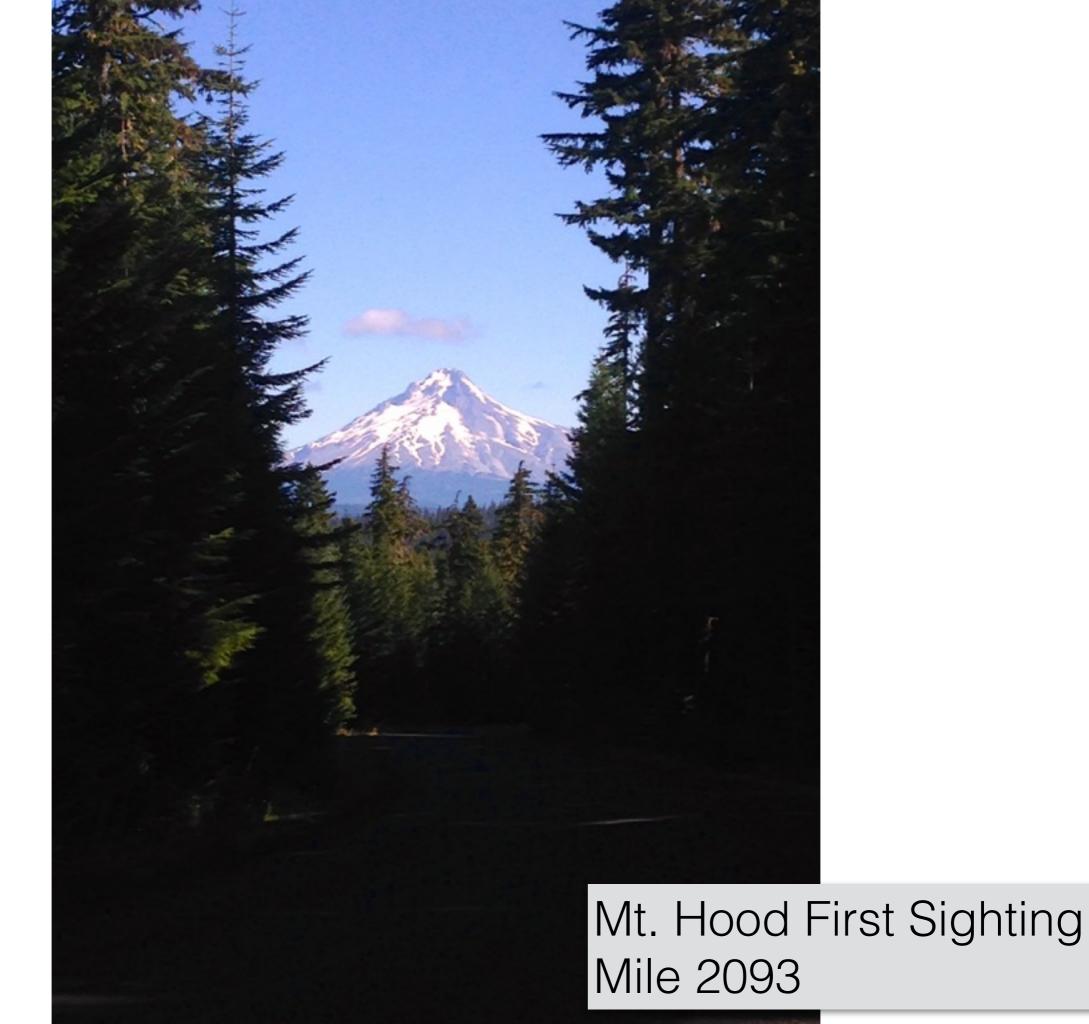
Oregon









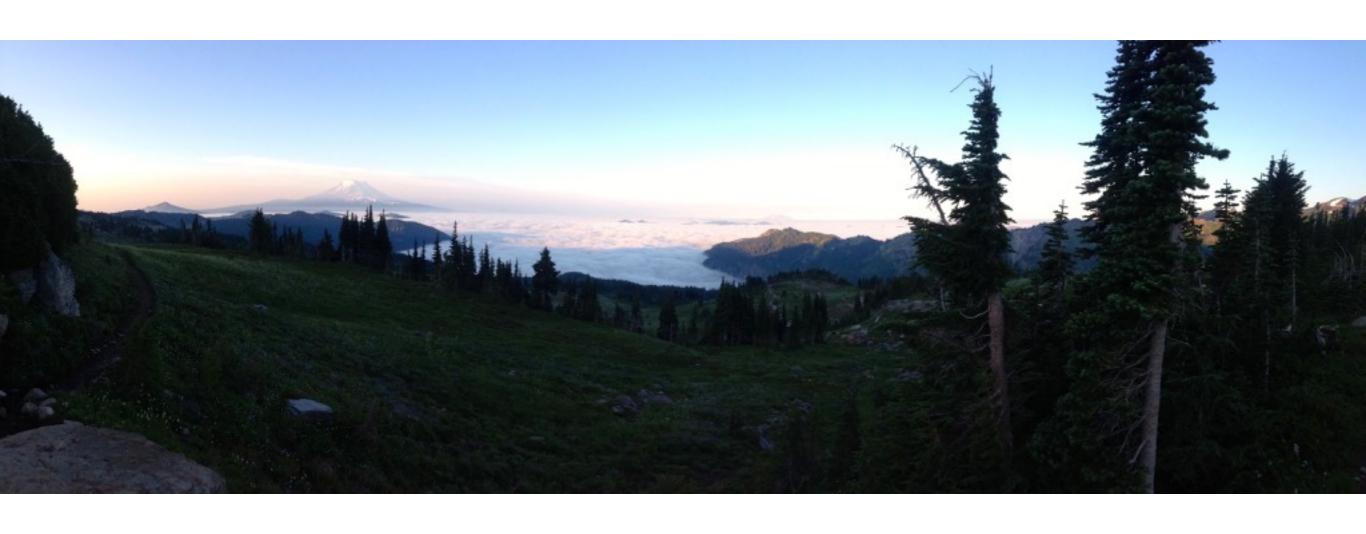




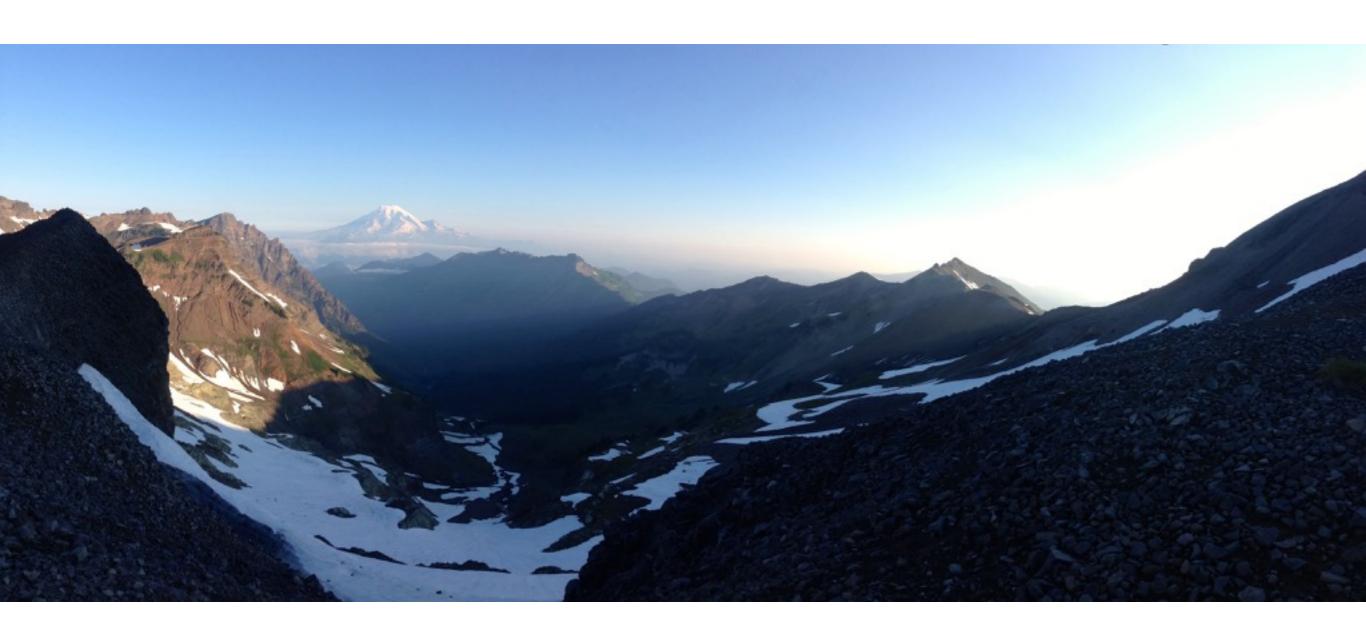


Washington

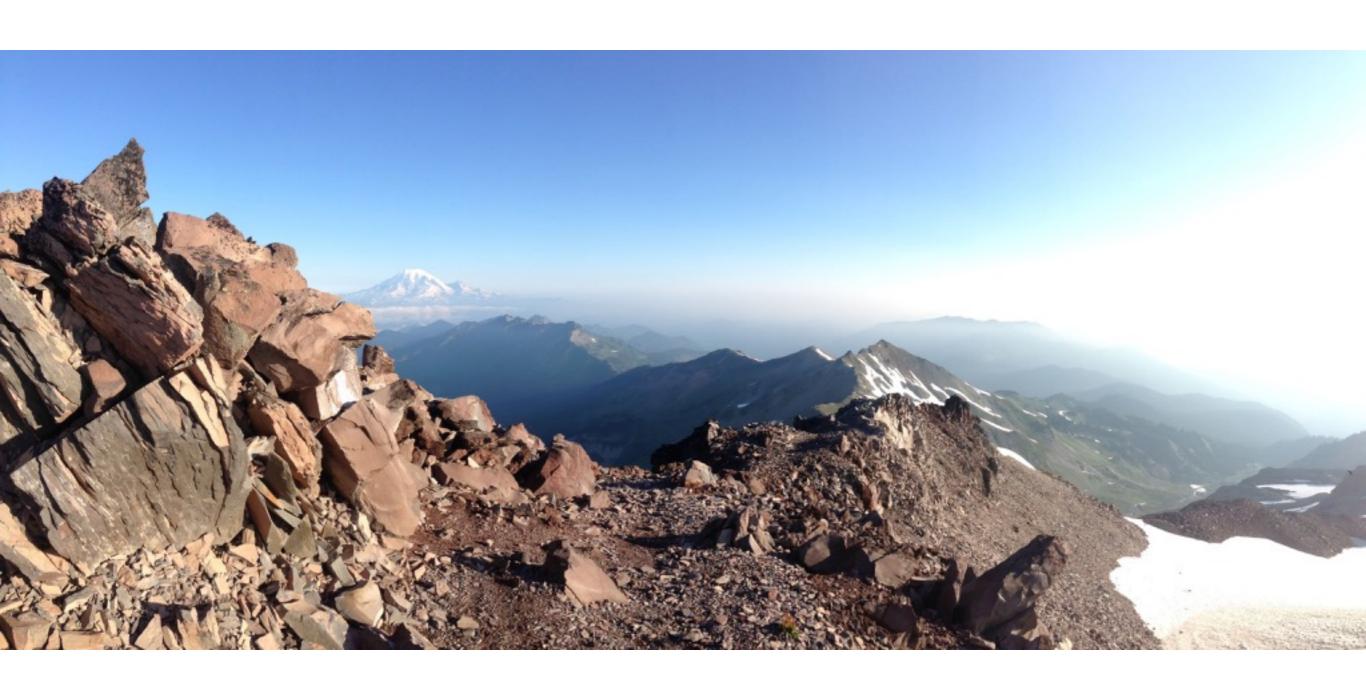




Goat Rocks Wilderness Above the Clouds - Mile 2283 Mt. Adams and Mt. St. Helens



Mt. Rainier Mile 2284



Goat Rocks Knife Edge w/ Mt. Rainer Mile 2285



Rain Gear Mile 2363





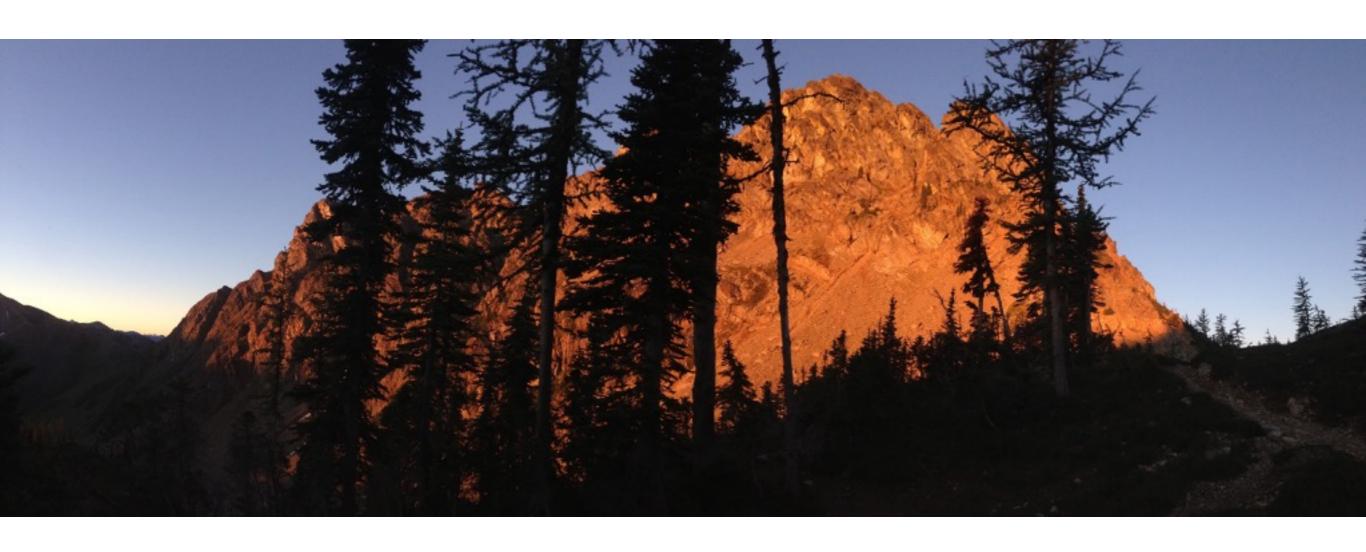


Panoramic View of Northern Cascade Mountains - Mile 2622



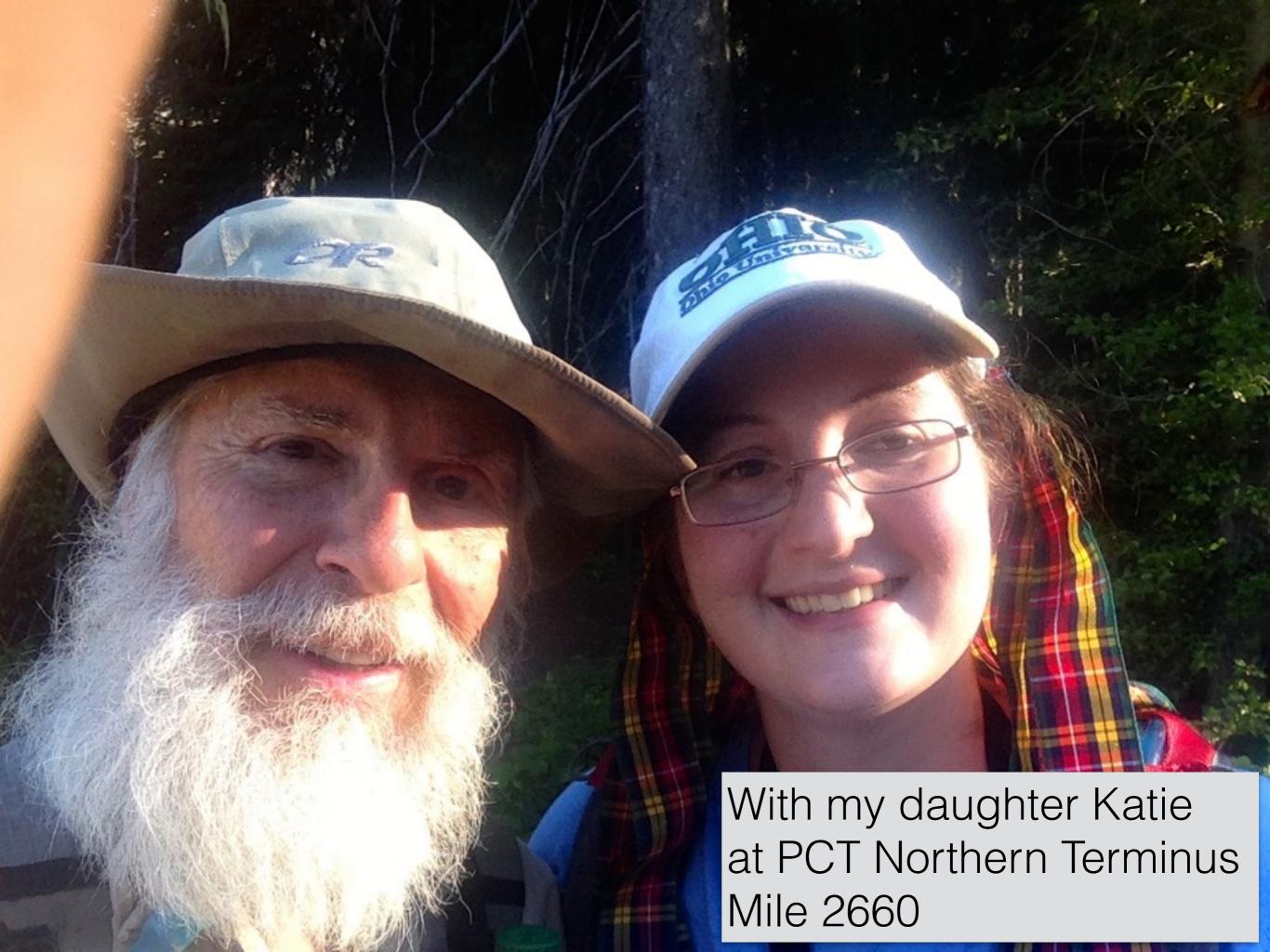
Panoramic View of Northern Cascade Mountains - Mile 2648

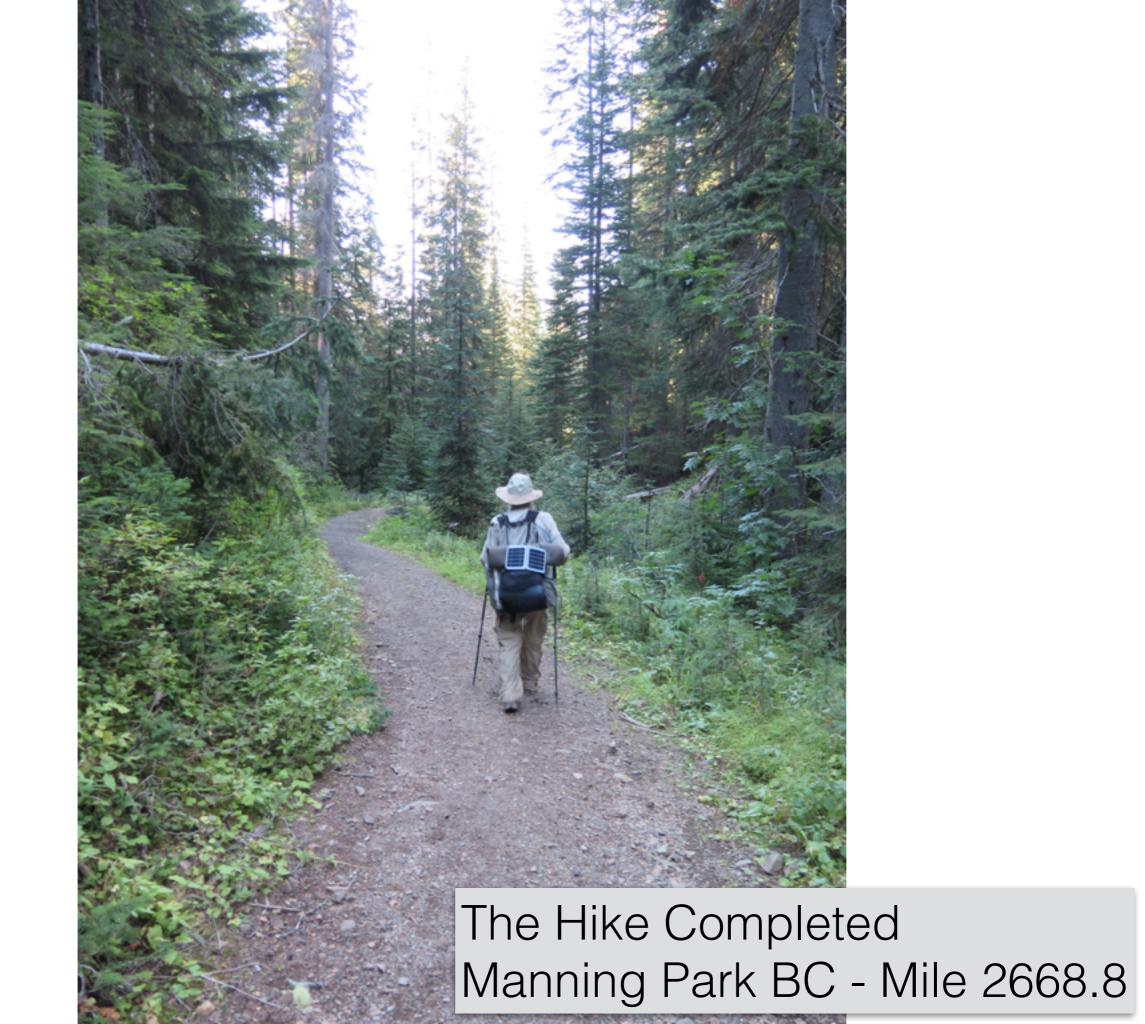




Last Day's Sunrise at Woody Pass Mile 2649

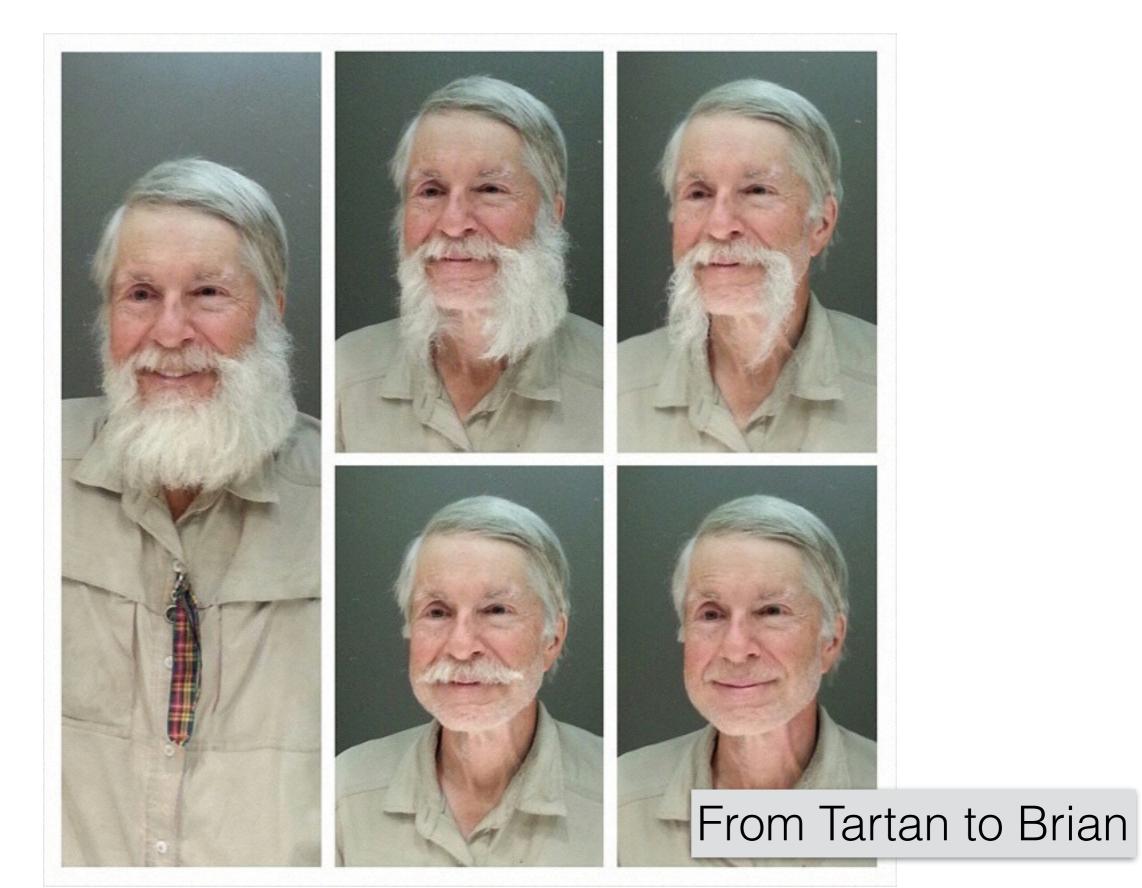






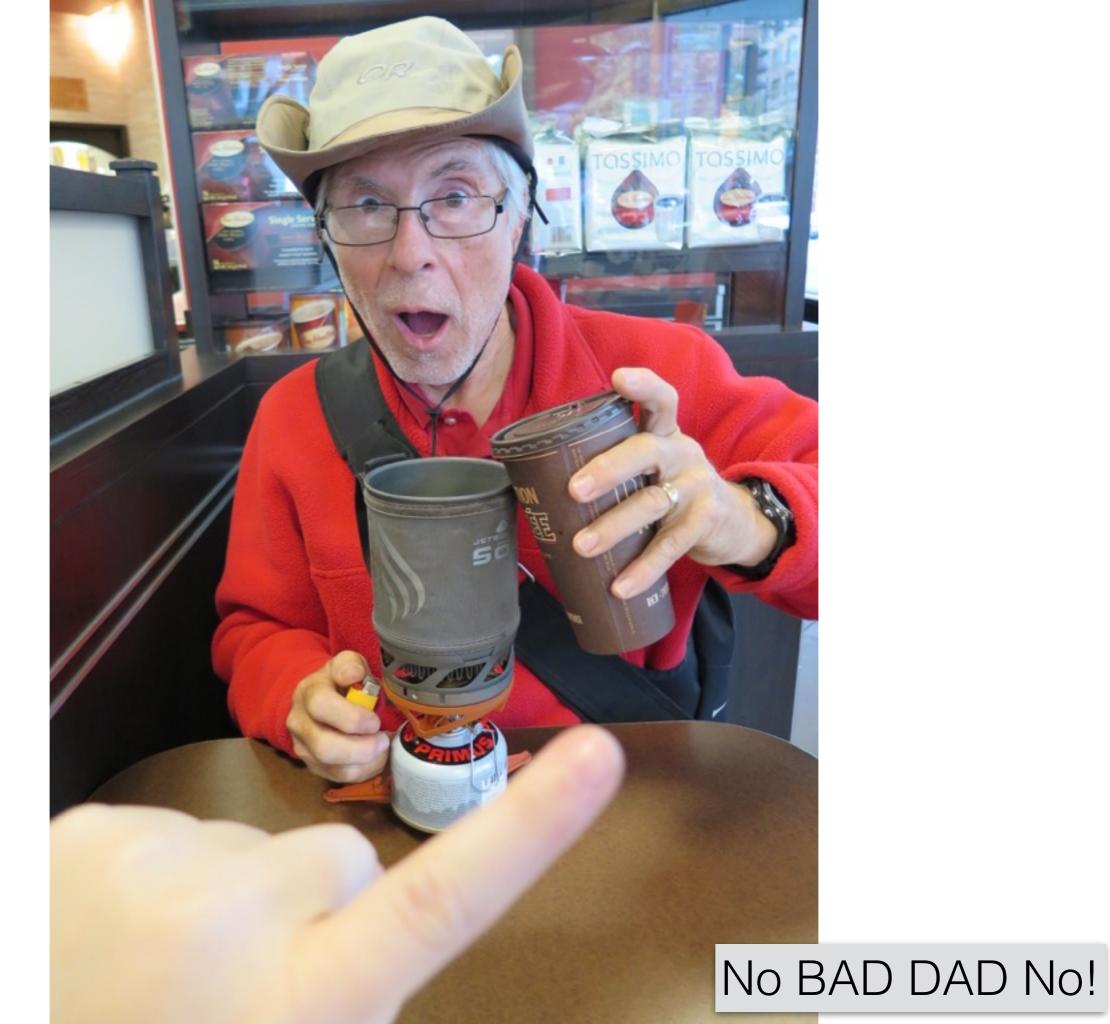
Post-Hike

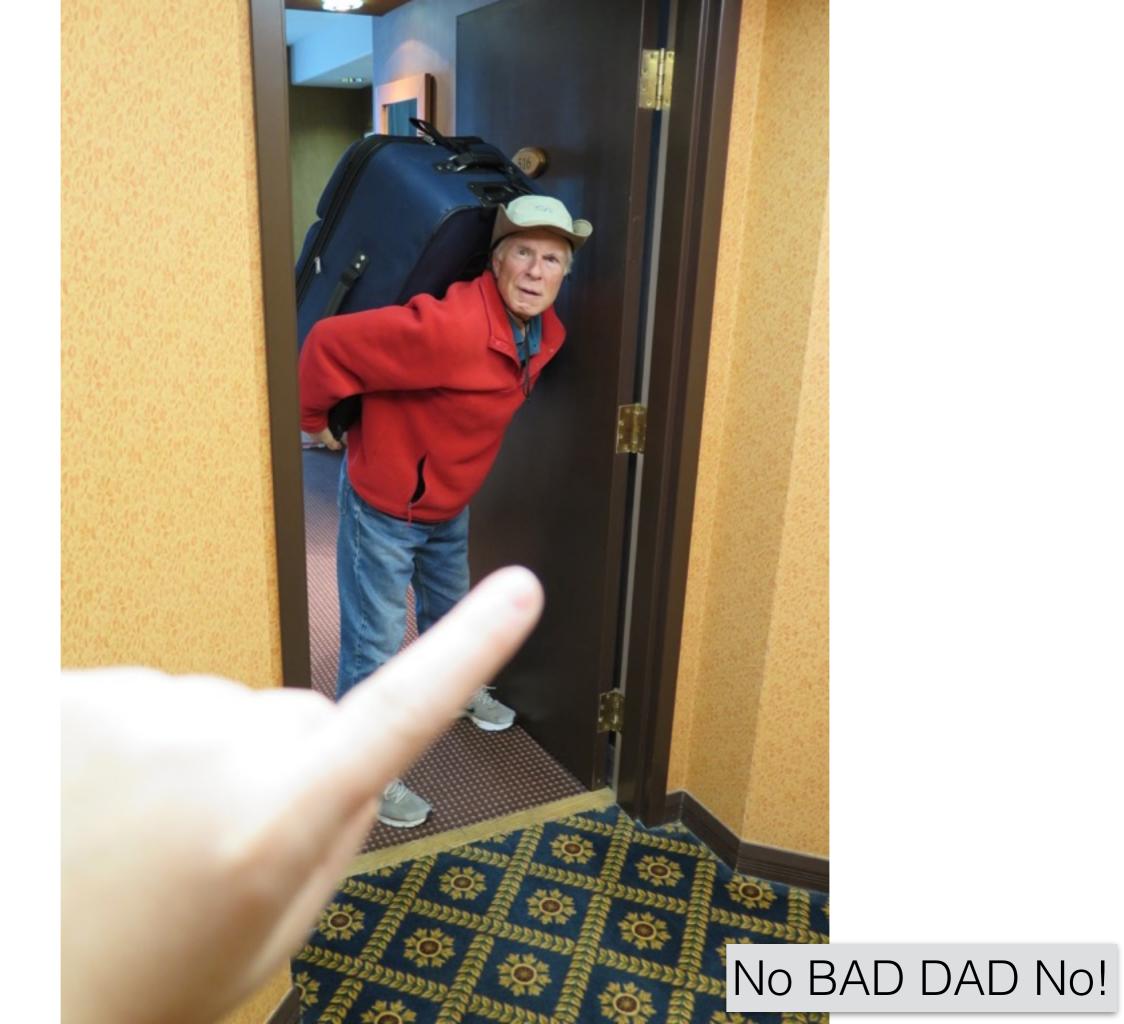
In Vancouver BC Canada Reintegrating back into society after five months on the trail















Poster of Mile Markers On The Trail







PCT Hike Completion Medal

To those whose journeyed with me

Here are a smattering of the others that have journeyed with me on the PCT.

Root Beer Float, Bilbo, Nobody's Friend, Wasabi, Borealis, Roi & Sarit, Colonial, Snail Trainer, Ninja Tank, Random, Tent Stake, Stumbles, Solitude, Rock Steady, Southpaw, Cheetah, Joaquin & Use It Up, Frenchman Paul, Estero & Acorn, Indie & Art Gypsy, Peru, Mountain Goat, One Speed & Just Paul, Mulberry, Pedi, Soapbox, Quinoa, Half And Half, Hog, Ella & Louisa, Scorpion, Princess & Mr. Sandals, Rice Crispies, Caboose, Lorax & T-Fox, Tarzan & Ass Waggin', Rocket Lama, Free Refill, Shredder, Freedom, Watermelon, Juke Box, Quiet Man, Carlos, Mermaid, Happy Pants, Halfmile, Jolly Lama, Carrot Quinn, Not A Chance, Sheriff Woody, Gear Slut, Splat, Timberline, Whitewater, Red, Daniel, Salsa, Liverpool, Lightened Up, 10K, Smokes, Charlie Day Hiker, String Bean, Scott Williamson and many more whose trail names elude me.



Bilbo



Nobody's Friend



Root Beer Float



Thanks to all who helped me

To my hiking buddies, Bilbo and Nobody's Friend, who spent time with me as I hiked. Your companionship helped ease some of the lonely nights with shared talk and friendship. I appreciated the time together however short. Best wishes to you both and as always I wish you "safe journeys".

To my chief and lieutenant resupply officers, Kathy, my wife, and Katie, my daughter, you were essential is my completing this epic journey. From sporadic telephone calls I would receive food resupplies, replacement gear, medicine, and all sorts of things that kept me going. You were my anchor and steadfast "base" as I hiked the trail

To my children, Justin, Matthew, and Katie, who shared miles and sights and obstacles galore with me. Who helped me stay focused and who I hope enjoyed some of this adventure in their own way. If any of their children or their children's children stand anywhere on this 2660 mile Pacific Crest National Scenic Trail let them know that their ancestor at one time was on that same spot too and he hopes that they may find the courage, interest, and time to hike its length as he did.

To my family, friends, and acquaintances I enjoyed your blog comments. Although I only responded to a few of them, I read them all when cell / mobile phone reception allowed. Your interest helped keep me going.



Resources

- Pacific Crest Trail Association http://www.pcta.org/
- Pacific Crest Trail Listserve pct-l@backcountry.net
- Pacific Crest Trail on Facebook
 - group: Pacific Crest Trail https://www.facebook.com/groups/PCNST
 - group: PCT Class of 2014 https://www.facebook.com/groups/573346889342374/
 - group: PCT Class of 2015 https://www.facebook.com/groups/608334832544246/
- Yogi's Pacific Crest Trail Handbook (\$40.00) http://www.yogisbooks.com
 - Also get printed Halfmile PCT Maps (wait for latest version) (\$38.00)
- Craig's PCT Planner http://www.pctplanner.com/
- Halfmile's PCT Maps (wait for latest version) http://www.pctmap.net/
- Halfmile's PCT Free App https://itunes.apple.com/us/app/halfmiles-pct/id521937514?mt=8
- Guthook PCT 5 Apps (Southern, Central, & Northern California, Oregon and Washington: PCT Thru-Hiker Special \$24.99) https://itunes.apple.com/us/app/guthooks-pacific-crest-trail/id843792262?mt=8
- PCTHYOH Free App https://itunes.apple.com/us/app/pcthyoh/id461413265?mt=8
- Pacific Crest Trail Water Report http://pctwater.com/

The End